



5K Walk/Run Event At Shelby Farms Park Conservatory on June 3rd 2017

This spring Born2Win™ and local area businesses are sponsoring a 5K Run/Walk event at the Shelby Farms Park Conservatory. Individuals who wish to participate are encouraged to sign up through the Born2Win™ website.

MEMPHIS, TN-May 3, 2017—Born2Win™ is a registered trademarked event sponsored by the Sharen Rooks Agency that works with women and men who have survived abuse, illness, addiction, and trauma to develop their inner resources and learn to enjoy life. The creative director often sponsors educational events, concerts, and other programs designed to uplift and garner participation from people who need social interaction that is anti-traumatic. The 5k Run/Walk event will take place at the Shelby Farms Park Conservatory on June 3rd, 2017 at the Mullins Station field between the hours of 6:30 AM and 11:00 am. Actual walk begins at 8:00AM; Pre-registration costs is \$25, Onsite registration is \$30. Entrants will receive a Born2Win™ 5K Walk Run t-shirt to commemorate their participation in the event. Participants will experience ZUMBA, networking, experience health and wellness resources from community partners.

“We love hosting community events like this one,” says Sharen Rooks. “It not only helps us raise awareness for programs but brings the community together in a positive way. Hosting Run-Walks makes it easier to be inclusive of people of all ages and capability. We invite everyone to come out and participate.”

Local sponsors of the event include: Hope Credit Union, Sharen Rooks Agency, Love Alive, DJ1 Luv Productions, Payton Place, Green Law Firm and Shelby Farms. Vendor opportunities are still open and the cost is \$50. For more information visit:

<http://www.born2winthemovement.com/b2w-5k-walkrun.html>

Additional Information

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A movement in Tennessee where brave men and women survivors of domestic violence and physical and mental warfare are celebrated and supported.



JUNE 3, 2017
6:30AM-11:00AM

Shelby Farms Park Conservancy
MULLINS STATION FIELD • Memphis, TN 38134

PRE-REGISTER ONLINE • \$25.00

<https://www.showclix.com/event/born2win-2017-5k-walkrun/tag/widget>



ONSITE REGISTRATION • \$30.00 5:30-6:30AM

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For more information visit
www.born2winevent.com
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